

Explorers Education Programme

Date	Class level Fifth Class and Sixth Class	Subject Physical Education
Strand Games	Strand Unit Sending, Receiving and Travelling. Creating and Playing Games	

Title

Crab Football Game.

Objective(s)

The aim of the lesson plan is for the children to create and develop games with a partner or within a small group using marine animals for inspiration.

Learning objectives

The child will be enabled to:

Engage in fun warm up and cool down activities.

Develop an understanding about crab movements through a ball game.

Develop kicking skills.

Discuss ways to adapt the game.

Learning activities

Directed Approach:

Begin the class with a discussion about safety during the P.E lesson.
Begin with a warm up activity. A great warm up activity which will increase awareness about global warming. Place hula hoops around the P.E space (indoor if possible) in a zigzag fashion. These are the icebergs. The children must hop from iceberg to iceberg being sure not to fall in the freezing water. As the game progresses, icebergs melt and the children who land in the 'water' are out. The winner is the last person standing on an iceberg.

Directed approach:

Ask the class to find a space bubble where the can move freely without impinging any other pupils movement. Ask the children to position themselves on their hands and feet. They must move like a crab moves.

Once all of the children have become comfortable with this, it is time to move onto the game.

Divide the class into two teams. Assign each team a goalkeeper. Place the



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goalkeeper in set out goals at either end of the play space.

The 'crabs' on either team must attempt to score goals in this 'crab' position using only their feet. A large inflatable ball works best for this lesson. To add a fun element to the game, extra balls can be added as the game progresses.

The winning team is whoever scores the most goals in an assigned time. The children discuss ways to make the game more challenging.

Cool Down:

The children engage in whole body stretches inspired by marine creatures. Stretch long like an eel. Stretch large like a basking shark. Make yourself as small as plankton.

Resources

Hula Hoops

Inflatable Balls

Large indoor space if possible.

Differentiation

Higher and Lower order questioning. Differentiate group activities and roles to account of individual needs, by support, task. Mixed ability pairing.

Assessment

Teacher Observation and Questioning.

Linkage and Integration

Maths - Data: Plot the relationship between the number of goals scored and the number of balls on the pitch. Are the students twice as lightly to score a goal if there are two balls on the pitch during the game, three times as lightly if there are three balls, ect? Ask the students to make a prediction before they plot the data. English: Write an imaginative story about two teams of marine creatures playing football under the sea.